

The Hartford Ski Spectacular 2022

Event Ski and Snowboard Guidelines



GENERAL

- Instructors must review student files prior to lesson, including: medical history, previous experience and any additional information to ensure a safe and positive experience. Instructors must complete lesson evaluation daily.
- For the safety of the skier and instructor the maximum body weight of sit skiers is strictly 220 lbs. Sit skiers may be weighed onsite to ensure they are within this limit. If a participant is over 220lbs, they will not be able to sit-ski at the event.
- In case of emergency, follow event emergency procedure steps provided at registration and posted throughout each department area.

LESSONS

- Equipment
 - All mono-skis, bi-skis, and sit-skis, including personal equipment, must have evacuation straps and a retention strap.
- Tethering
 - When tethering fixed outriggers, ski-legs or sliders, a wrist lock is required. The wrist lock is defined as a girth or clove hitch that cinches to the instructor's wrist (next to the skin) when pulled on.
- Sit Ski Seat Assist
 - Seat assists should be conducted at the appropriate speed for the terrain and general traffic flow.
 - Fixed outriggers are to be removed when seat assisting for entire runs.
- Terrain and Conditions
 - Instructors should use terrain and conditions commensurate with the skill level of the guest and activities being presented in the lesson.
 - Instructors and guests in lessons should use speeds appropriate for terrain, conditions, personal skiing or riding skills, and general traffic flow.

LIFT OPERATIONS

- Communication with chair lift operators
 - a. Clear communication with lift operators is vital. Confirm with lift operator verbal and hand signals (i.e. how to convey "stop", "slow down", "pullback" and "okay").
 - b. The lift operators should be made aware of any special needs PRIOR to entering the lift loading area.
 - c. There should be sufficient instructors and/or trained volunteers to load the student.
 - d. DO NOT ask the lift operator to assist with a load if it will interfere with their ability to hit the emergency stop button.
 - e. Please report any lift operation issues to Move United or event staff.
- Loading and unloading

**These guidelines are offered as a reminder of selected key basic good practices and are in no way designed to supersede or replace resort or PSIA-AASI training protocols.*

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- a. Simulate/practice loading and unloading with new students prior to using the actual lift.
 - b. Explain the lift process in detail and establish action commands with the student prior to riding.
 - c. It is the instructors' responsibility to make sure that ski/snowboard equipment is in good working order, and all retention straps and loose clothing/equipment are secured prior to entering the lift loading area.
- Riding the lift
 - a. Students, staff and volunteers should always ride with the lift bar down if its' use does not cause a safety concern. Retention straps should be used if there is no bar or the bar is not used.
 - b. A tether line or safety retention strap is required for all inexperienced sit down skiers, as well as for any other people with conditions/disabilities that have an increased risk of unpredictable movements and/or falling (i.e. seizures or spasticity). This is especially important when there is no safety bar on the chair lift.

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